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MEDITATIONS ON EVERYTHING UNDER THE SUN **The Dance of Imagination, Intuition and Mindfulness**

by Margo Adair

Foreword by Angeles Arrien, author of *The Four-Fold Way*

Individuals and groups wishing to apply the power of vision, intuition, and spirit to the broad spectrum of specific circumstances they face need look no farther than **MEDITATIONS ON EVERYTHING UNDER THE SUN: The Dance of Imagination, Intuition and Mindfulness** by Margo Adair (New Society Publishers; August 2001; Paperback; US\$21.95/ Can\$31.95). This groundbreaking work includes 160 indexed, mix-and-match meditations on nearly every issue and situation people face in contemporary life, including low self-image, catastrophic illness, blocked creativity, conflicts at work, child-rearing, addiction, job interviews, surgery, sexuality and intimacy.

That said, **MEDITATIONS ON EVERYTHING UNDER THE SUN** is not only useful for personal empowerment but also for cultural transformation. It can and should be used in group settings, for meditating together is a very effective way of establishing a sense of shared intention and opening a group's visioning and creative capacities.

MEDITATIONS ON EVERYTHING UNDER THE SUN emerged out of the author's 25 years of teaching intuitive problem-solving and working with organizations on issues such as social justice, diversity, leadership development, and conflict resolution. Margo Adair is the author of *Working Inside Out* and the founder of Tools for Change, a Seattle- and San Francisco-based organization dedicated to facilitating both personal and social transformation.

Margo Adair will be in the Santa Cruz area in the first week of February and will be available for interviews. She will be reading at *Gateway Books and Gifts*, 1018 Pacific Ave., on February 1 at 7pm.

For more information on Tools of Change, visit www.toolsforchange.org.

*For more information, or to schedule an interview with Margo Adair,
please call William Aal at (206) 329-2201/ E-mail: waal@toolsforchange.org.*